



9900 E. ILIFF AVE.  
DENVER CO 80231  
PHONE (303) 636-5600  
FAX (303) 636-5603  
TDD (303) 636-5602  
WWW.DENVEROPTIONS.ORG

## FOR IMMEDIATE RELEASE

### Contact Information:

Denver Options:  
Joan Marwitz  
Phone: 303-636-5918  
Email: [jmarwitz@denveroptions.org](mailto:jmarwitz@denveroptions.org)

### One Mom with a Mission Supports Autism Services and Denver Options

April 22, 2008 Denver, CO— How does one mom change the world? When Bridget Lane learned her oldest son had autism, she focused on learning all she could about the disorder and what help he needed. Soon after, her younger boys, twins, were also diagnosed with autism. She gained a very personal understanding of the magnitude of day-to-day supports her children required. Then she began thinking about ways she could help other families coping with similar challenges. She founded her own non profit, One Mom with a Mission, and got to work. “As a mom to three wonderful little boys, all of whom have been diagnosed as being on the autism spectrum, I recognized that more needs to be done to help children and their families who are experiencing this disability. I want to do whatever I can to raise awareness and to raise financial resources for special needs agencies and programs that promote full inclusion of all people in my community,” said Lane, President and Founder of One Mom on a Mission.

Lane understands that community partnerships are the key to her success. She connected with Presbyterian St. Luke’s (PSL) Earth Day celebration, selling her healthy and delicious treats to hospital employees and all others enjoying the event. Denver Options will benefit from the proceeds of sales on PSL’s Earth Day celebration on April 22<sup>nd</sup>.

Lane started the Helping Hands Bakery to create her organization’s fundraising arm. The bakery makes and sells gluten-free cookies, cookie dough and cookie bouquets. All proceeds from the sale of the products go toward funding a variety One Mom on a Mission programs for people with autism. Lane selected Denver Options because she thought it was important that the proceeds resulting from an event in Denver go toward children with autism residing in Denver. Denver Options provides services and resources for people with autism and other developmental needs throughout Denver County. Their flexible, personalized support encourages people with disabilities to explore lifelong learning opportunities and live active and purposeful lives. Denver Options also provides parent support and education and helps families manage the demands of caregiving.

“I’m always intrigued by people who take a good idea and turn it into something that positively affects so many lives. We know when family members have autism, the cost of needed therapies, respite care and special equipment can drain family resources. Bridget will help many people she never meets, and she will make a real difference to families,” said Denver Options Executive Director, Dr. Stephen Block.

For more information about One Mom on a Mission contact: Bridget Lane at 720-300-8563 or to order baked goods visit [www.helpinghandsbakery.org](http://www.helpinghandsbakery.org)

For more information about Denver Options’ services call 303-636-5600 or visit [www.denveroptions.org](http://www.denveroptions.org).

\* \* \*

### About Denver Options

Denver Options is a non-profit organization that provides flexible, personalized services to help people with intellectual disabilities live active and purposeful lives. The Denver Options staff finds the services and resources people need to achieve optimum health and explore lifelong learning opportunities. They focus is on individual talents and interests, helping people turn personal goals into everyday reality. They offer wide ranging services that include helping families manage the demands of care giving, navigating funding resources and helping young people with disabilities connect to jobs and other resources.